

- 55. Tendinous sheath of abductor longus and extensor pollicis brevis
- 56. Connexus intertendinei
- 56. Intertendinous connection
- 57. Phalax proximalis pollicis
- 57. Proximal phalanx of thumb
- 58. Phalanx distalis pollicis
- 58. Distal phalanx of thumb
- 59. Phalanx proximalis digitus quintus
- 59. Proximal phalanx of little finger
- 60. Phalax media digitus quintus
- 60. Middle phalanx of little finger
- 61. Phalanx distalis digitus quintus
- 61. Distal phalanx of little finger
- 62. Lig. metacarpale transversum superficiale
- 62. Superficial transverse metacarpal ligament
- 63. Vaginae fibrosae digitorum, pars cruciformis
- 63. Cruciform part of fibrous sheath
- 64. Vaginae fibrosae digitorum, pars anularis
- 64. Anular part of fibrous sheath
- 65. Os hamatum
- 65. Hamate bone
- 66. Os pisiforme
- 66. Pisiform bone
- 67. Sehne des M. abductor pollicis longus
- 67. Abductor pollicis longus tendon
- 68. Sehne des M. brachioradialis
- 68. Brachioradialis tendon
- 69. Knochenmark
- 69. Bone marrow
- 70. Arteria radialis, ramus superficialis
- 70. Superficial branch of radial artery
- 71. Arteria ulnaris, ramus profundus
- 71. Deep palmar branch of ulnar artery



*Experts in medical education
since 1950*

EZ
ERLER ZIMMER

Latin
English

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| 1. Sehne des M. palmaris longus | 19. Os metacarpale quintum (MC V) | 38. N. ulnaris, ramus dorsalis |
| 1. Palmaris longus tendon | 19. The 5th metacarpal bone | 38. Dorsal branch of ulnar nerve |
| 2. Palmaraponeurose | 20. Musculus pronator quadratus | 39. N. radialis, ramus superficialis |
| 2. Palmar aponeurosis | 20. Pronator quadratus muscle | 39. Superficial branch of radial nerve |
| 3. Musculus palmaris brevis | 21. Sehne des M. flexor carpi radialis | 40. Arteriae metacarpales palmares |
| 3. Palmaris brevis muscle | 21. Flexor carpi radialis tendon | 40. Palmar metacarpal arteries |
| 4. Retinaculum musculorum flexorum | 22. Sehne des M. flexor pollicis longus | 41. Arteria digitalis dorsalis |
| 4. Flexor retinaculum | 22. Flexor pollicis longus tendon | 41. Dorsal digital artery |
| 5. Musculus abductor pollicis brevis | 23. Sehne des M. flexor carpi ulnaris | 42. Sehne des M. extensor digitorum |
| 5. Abductor pollicis brevis muscle | 23. Flexor carpi ulnaris tendon | 42. Extensor digitorum tendon |
| 6. Musculus flexor pollicis brevis | 24. Arteria radialis | 43. Sehne des M. extensor indicis |
| 6. Flexor pollicis brevis muscle | 24. Radial artery | 43. Extensor indicis tendon |
| 7. Musculus opponens pollicis | 25. Arteria ulnaris | 44. Sehne des M. extensor pollicis longus |
| 7. Opponens pollicis muscle | 25. Ulnar artery | 44. Extensor pollicis longus tendon |
| 8. Musculus adductor pollicis | 26. Arcus palmaris superficialis | 45. Sehne des M. extensor pollicis brevis |
| 8. Adductor pollicis muscle | 26. Superficial palmar arch | 45. Extensor pollicis brevis tendon |
| 9. Sehne des M. flexor digitorum superficialis | 27. Arteriae digitales palmares communes | 46. Sehne des M. extensor carpi radialis brevis |
| 9. Flexor digitorum superficialis tendon | 27. Common palmar digital arteries | 46. Extensor carpi radialis brevis tendon |
| 10. Sehne des M. flexor digitorum profundus | 28. Arteriae digitales palmares propriae | 47. Sehne des M. extensor carpi radialis longus |
| 10. Flexor digitorum profundus tendon | 28. Proper palmar digital arteries | 47. Extensor carpi radialis longus tendon |
| 11. M. lumbricales | 29. Arteria radialis indicis | 48. Sehne des M. extensor carpi ulnaris |
| 11. Lumbricales muscle | 29. Radialis indicis artery | 48. Extensor carpi ulnaris tendon |
| 12. Musculi interossei palmares | 30. Arcus palmaris profundus | 49. Sehne des M. extensor digiti minimi |
| 12. Palmar interosseous muscles | 30. Deep palmar arch | 49. Extensor digiti minimi tendon |
| 13. M. flexor digiti minimi brevis | 31. Arteriae metacarpales palmares | 50. Sehnenscheide des M. extensor carpi ulnaris |
| 13. Flexor digiti minimi brevis muscle | 31. Palmar metacarpal arteries | 50. Tendinous sheath of extensor carpi ulnaris |
| 14. Musculus abductor digiti minimi | 32. Nervus medianus | 51. Sehnenscheide des M. extensor digiti minimi |
| 14. Abductor digiti minimi muscle | 32. Median nerve | 51. Tendinous sheath of extensor digiti minimi |
| 15. Musculus opponens digiti minimi | 33. Nervus ulnaris | 52. Sehnenscheide des M. extensor digitorum und M. extensor indicis |
| 15. Opponens digiti minimi muscle | 33. Ulnar nerve | 52. Tendinous sheath of extensor digitorum and extensor indicis |
| 16. Radius | 34. N. digitalis palmaris communis | 53. Sehnenscheide des M. extensor pollicis longus |
| 16. Radius | 34. Common palmar digital nerve | 53. Tendinous sheath of extensor pollicis longus |
| 17. Ulna | 35. N. digitalis palmaris proprius | 54. Sehnenscheide des M. extensor carpi radialis |
| 17. Ulna | 35. Proper palmar digital nerve | 54. Tendinous sheath of extensor carpi radiales |
| 18. Os metacarpale primum (MC I) | 36. Musculi interossei dorsales | 55. Sehnenscheide des M. abductor longus und M. extensor pollicis brevis |
| 18. The 1st metacarpal bone | 36. Dorsal interossei muscles | |
| | 37. Retinaculum extensorum | |
| | 37. Extensor retinaculum | |